

# Children's Test Requirements 5th Kyu to 1st Kyu

THISTLE AIKIKAI

Children's Test Requirements

(Each new level includes all previous levels)

5th Kyu  
4th Kyu  
3rd Kyu  
2nd Kyu  
1st Kyu

Purple w/  
Purple  
Brown w/  
Brown  
Black

Stripe

Stripe

Stripe

ATTACK  
85 hours\*  
85 hours\*  
85 hours\*  
85 hours\*  
85 hours\*

Gyaku

Jujinage  
Tachi waza  
Hamni handachi  
Hanmi handachi

Hanmi

Nikkyo  
Iriminage  
Uchikaitenage  
Sotokaitenage

Katatetori

Kotegaeshi

Tachi waza

Yonkyo

Ai Hanmi  
Soto Kaitenage

Uchi Kaitenage  
Tachi waza  
Tachi waza

Katatetori

Nikkyo  
Sankyo  
Yonkyo

Kata     Tori  
Kokyunage  
Nikkyo  
Tachi waza  
Suwari waza  
Suwari waza

Sankyo  
Sankyo  
Yonkyo

Suwari waza  
Tachi waza

Nikkyo  
Yonkyo

Katagatame

Ryotetori

Kokyu nage  
Irimi nage  
Tachi waza  
Tachi waza

Shiho nage

Nikkyo  
Yonkyu

Sankyo

Kote Gaeshi  
Koshi nage

Morotetori  
Kokyu nage

Tachi waza  
Tachi waza  
Tachi waza

Variations

Nikkyo  
Sankyo  
Yonkyu

Juji nage

Shiho nage  
Irimi nage

Kotegaeshi

Shomenuchi  
Soto kaiten nage  
Nikkyo  
Sankyo  
Tachi waza  
Tachi waza

Suwari waza  
Yonko  
Tanto dori

Nikkyo  
Kaiten nage  
Sankyo

Shiho nage  
Suwari waza  
Suwari waza

Sankyo  
Irimi nage

Kote gaeshi

Kaiten nage

Yonkyo

Yokomenuchi  
Juji nage  
Shiho nage  
Nikkyo  
Tachi waza  
Tachi waza

Sankyo  
Yonkyo  
Gokyo

Suwari waza  
Suwari waza  
Tanto dori

Ikkyo  
Nikkyo  
Shiho nage

Sankyo  
Suwari waza

Yonkyo

Tsuki  
Ikkyo  
Irimi nage

Tachi waza  
Suwari waza

Kote gaeshi

Kaiten nage  
Ikkyo

Sankyo  
Kote Gaeshi

Sumiotoshi  
Tachi waza

Tanto dori

Kote Gaeshi

Ushiro Ryotetori

Tachi waza  
Tachi waza  
Tachi waza

Kokyo nage  
Ikkyo  
Shiho nage

Kote gaeshi  
Sankyo

Juji nage

\*Total hours since last promotion\*